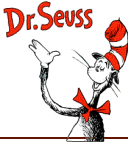









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**To access ingredient content,
call Senior Resources at 419-898-6459**
REHEATING MEALS: If the tray is still sealed, puncture a hole in section to vent. Heat for 1.5 to 2 minutes.
Depending on your appliances power level.

Monday	Tuesday	Wednesday	Thursday	Friday
1 Herbed Pork Loin w/Gravy Red Potatoes Green Beans Pineapple & Oranges Wheat Roll	2 Dr. Seuss Day Swedish Meatballs over Egg Noodles Baby Carrots Corn Strawberry Shortcake 	3 Sweet & Sour Beef w/Peppers/Onions/Pineapple Brown Rice Glazed Sugar Snap Peas Tropical Fruit Wheat Bread	4 BBQ Pork Ribbette Cheesy Potatoes Lima Beans Fruited Gelatin Wheat Roll	5 Salisbury Steak Alt: Tilapia Almondine Mashed Potatoes & Gravy Capri Blend Peaches White Roll
8 International Women's Day Beef Shepherds Pie Cooked Cabbage Pears White Roll 	9 Shredded Chicken Sandwich Potato Wedges Loaded Baked Potato Soup Grapes Crackers	10 Roast Beef Mashed Potatoes/Gravy Carrots Banana Wheat Bread	11 Johnny Appleseed Day Braised Boneless Ribs Oven Roasted Potatoes Lima Beans Fruited Gelatin Wheat Roll 	12 Egg Salad Sandwich Vegetable Soup - Crackers Broccoli Salad Fruit Cocktail
15 Daylight Saving Times Country Fried Steak Mashed Potatoes & Gravy Creamed Spinach Fruit Cocktail Wheat Roll 	16 Fire Braised Pork Shoulder Parmesan Rice Honey Glazed Carrots Warm Cinnamon Apples Oranges Wedges Wheat Bread	17 Corned Beef Alt: Baked Chicken Red Potatoes & Cabbage/Carrots Peaches Rye Bread 	18 Chili w/Beans - Crackers Tossed Salad & Dressing Three Bean Salad Pineapple Cornbread	19 SPRING BEGINS! Chicken Enchilada Alt: Cheese Enchilada Seasoned Black Beans Salsa & Tortilla Chips Peaches Sour Cream 
22 Chicken & Dumplings Peas & Carrots Betty Salad Pineapple & Oranges Wheat Bread	23 National Puppy Day! Baked Pork Chop w/Gravy Whipped Sweet Potatoes Green Beans Fruited Gelatin Wheat Roll 	24 Beef Stir Fry Brown Rice Broccoli Vegetable Egg Roll/sauce Grapes - Wheat Bread	25 Baked Chicken w/ Gravy Oven Roasted Potatoes Broccoli Pears Wheat Roll Elmore/ Bday Treat	26 Beer Battered Fish/Tartar Sauce Alt: Turkey Sandwich/Mayo Potato Wedges Coleslaw Banana -Wheat Roll HDM/Danbury Bday Treat
29 Pot Roast Mashed Potatoes w/Gravy Prince Charles Blend Tropical Fruit Wheat Roll	30 Macaroni & Cheese w/Ham Alt: No Ham Stewed Tomatoes Italian Green Beans Ambrosia Salad White Roll	31 Spaghetti w/Meatballs Parmesan Cheese Lettuce Salad/Dressing Mandarin Oranges Garlic Toast Genoa/Oak Harbor Bday Treat	 Due to the COVID-19 pandemic some items are not available so we may have to make a substitution to a daily menu.	