

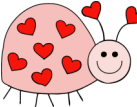









February 2021

To access ingredient content, call Senior Resources at 419-898-6459
 REHEATING MEALS: If the tray is still sealed, puncture a hole in section to vent. Heat for 1.5 to 2 minutes.
 Depending on your appliances power level.

Mon	Tue	Wed	Thu	Fri
1 Beef Stew over Biscuit Coleslaw Applesauce 	2 Groundhog Day Pot Roast Mashed Potatoes w/Gravy Prince Charles Blend Tropical Fruit Wheat Roll 	3 Macaroni & Cheese w/Ham Alt: No Ham Stewed Tomatoes Italian Green Beans Ambrosia Salad - White Roll	4 Spaghetti w/Meatballs Parmesan Cheese Lettuce Salad/Dressing Mandarin Oranges Garlic Toast	5 Chicken Marsala Garlic Mashed Potatoes Broccoli Apricots Wheat Roll
8 Cabbage Roll Mashed Potatoes/Gravy Buttered Corn Cheese Cubes Peaches White Roll 	9 Chicken Noodle Casserole Carrots BLT Salad/Dressing Strawberries & Angel Food Cake 	10 Sausage Gravy & Biscuit ALT: Yogurt instead of Gravy Scrambled Eggs - Hash Browns Oranges Wedges Pear Berry Crisp	11 Meatloaf Mashed Potatoes/Gravy Southern Green Beans Grapes Wheat Roll	12 Chinese New Year Crispy Lemon Chicken Potato Medley Sugar Snap Peas Fresh Fruit Cup Wheat Roll 
15 Closed No Home Delivered Meals No Grab n Go Meals 	16 Cheesy Turkey Casserole Broccoli Orange Wedges Bacon Ranch Pea Salad Wheat Roll 	17 Ash Wednesday Turkey & Cheddar Sandwich Alt: Egg Salad Sandwich Lettuce/Tomato/Onion/Mayo Cream of Vegetable Soup Pickled Beets - Pears - Crackers	18 Crunchy Ranch Chicken Mashed Potatoes/Gravy Prince Charles Blend Fruit Cocktail Wheat Roll	19 Lent Glazed Ham Slice Alt: Tapioca Almondine Au Gratin Potatoes Brussel Sprouts Fruited Gelatin White Roll 
22 Cranberry Turkey w/Gravy Whipped Sweet Potatoes Green Bean Casserole Cranberry Gelatin Salad Wheat Roll	23 Hot Roast Beef Sandwich Mashed Potatoes & Gravy California Blend Fruit Cocktail 	24 Beef & Noodles Italian Green Beans Dilled Carrots Banana Wheat Bread Genoa/Oak Harbor Bday Treat	25 Purim Begins Oven Fried Chicken Mashed Potatoes & Gravy Creamed Corn Pineapple Wheat Roll 	26 Baked Ziti Tossed Salad/Dressing Minestrone Soup/Crackers Fresh Fruit Cup Breadstick HDM/Danbury Bday Treat

Due to the COVID-19 pandemic some items are not available so we may have to make a substitution to a daily menu.





