

May 2021

To access ingredient content, call Senior Resources at 419-898-6459
 REHEATING MEALS: If the tray is still sealed, puncture a hole in section to vent.
 Heat for 1.5 to 2 minutes, depending on your appliances power level.

Mon	Tue	Wed	Thu	Fri
3 Meatball Sub Potato Wedges Green Beans Pineapple 	4 Cabbage Roll Mashed Potatoes/Gravy Succotash Peaches Cheese Cubes - Wheat Roll	5 BBQ Pulled Pork Sandwich Cheesy Potatoes Cucumber & Tomato Salad Mixed Melon	6 Box Lunch From Waldo Peppers Turkey Hoagie Macaroni Salad Tropical Fruit Pudding   <small>COMMUNITIES OF STRENGTH MAY 2021</small>	7 Oven Fried Chicken Mashed Potatoes w/Gravy Creamed Corn Orange Wedges Wheat Roll
10 Roasted Turkey/Gravy Mashed Potatoes California Blend Fruit Cocktail Wheat Roll 	11 Braised BBQ Boneless Ribs Baked Beans Cole Slaw Mixed Melon Cornbread 	12 Beef Fajita Seasoned Beans Salsa & Tortilla Chips Tropical Fruit Sour Cream	13 Cheese Stuffed Shells w/Sauce Broccoli Lettuce Salad Grapes Garlic Toast 	14 General Tso Chicken Fried Rice Vegetable Egg Roll Cabbage Salad Pears Wheat Bread
17 Baked Glazed Ham Alt: Baked Chicken Scalloped Potatoes Green Beans Ambrosia Salad Wheat Roll 	18 Coney Dog w/Cheese Alt: Potato Wedges Bacon Ranch Pea Salad Banana	19 Spaghetti & Meatballs Broccoli Peaches Breadstick 	20 Roast Beef Sandwich Lettuce/Tomato/Onion Pasta Salad Three Bean Salad Cantaloupe 	21 BBQ Chicken Thigh Baked Beans Potato Salad Cinnamon Applesauce White Roll
24 Country Fried Steak Mashed Potatoes & Gravy Peas & Pearl Onions Apricots Wheat Roll	25 Fish Sandwich w/Cheese Cottage Fries Coleslaw Fruit Cocktail 	26 Beef Burgundy Over Egg Noodles Corn BLT Salad Strawberry Shortcake Genoa/Oak Harbor Bday 	27 Rubeen Casserole Alt: Baked Turkey Red Potatoes Lima Beans Mandarin Oranges Rye Bread Elmore Birthday Treat 	28 Chicken Fettuccini California Blend Cucumber Slices/Ranch Dip Fruited Gelatin Garlic Toast HDM/Danbury Bday Treat 
31 Office Closed No Meals Delivered 				